

	Monday		Tuesday		Wednesday		Thursday		Friday	
am pm	9.00 to 16.00	Midwives clinic: appointments only	9.00 to 12.00	Health clinic for 10 month check: appointments only	9.00 to 16.00	Midwives clinic: appointments only	9.30 to 12.30	Newborn hearing clinic: appointments only	9.00 to 12.00	SALT: Speech and Language Team: appointments only
	10.00 to 11.30	Health clinic: drop in	9.30 to 11.00	Babies 2gether: weekly	9.15 to 11.45	Triple P transitions: 25 September to 23 October	9.45 to 11.00	Breast feeding support: weekly	10.00 to 11.45	Portage stay and play: second Friday of every month (pre-booking)
	12.30 to 16.30	Mindstead: weekly	9.30 to 12.00	Who's in charge: 24 September to 19 November	9.30 to 11.30	SENDiass4BCP drop in: 23 October	13.00 to 14.30	DorPip baby massage: (pre-booking)		
	13.00 to 14.30	Come talk with me: weekly (pre-booking)	13.00 to 14.30	Stay and play: weekly	12.30 to 14.30	Building positive relationships: 18 September to 23 October	13.00 to 14.30	Ready, steady, go!: weekly		
			13.00 to 14.00	Save a child's life workshop: 26 November	12.30 to 16.00	OASIS midwives clinic: appointments only				
		13.00 to 14.30	Parenting journey: 24 September to 22 October	13.00 to 14.30	Flourish young parents group: weekly					
					16.00 to 17.30	Friendly Food Club family cooking: 25 September and 16 October				

Family Hub at Poole Old Town Green Road, Poole, BH15 1QB

T. 01202 817772 E. oldtownfamilyhub@bcpcouncil.gov.uk

- Early help navigators
- Pre-birth and babies, toddlers and pre-school
- 5 to 11 Primary school age
- 11 to 16 Secondary school age
- Young adults, parents and carers

