



OLD TOWN INFANT SCHOOL & NURSERY

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Headteacher: Mr Douglas Gubbins BA (Hons), PGCE, NPQH

WEEKLY BULLETIN: Friday 16th January 2026

Monday 26 th January 2026	School open as normal 😊 No events today
Tuesday 27 th January 2026	Kinetic Letters workshop for all Reception parents from 0900-0945. Year 1 P.E day – children to attend school in their P.E kit Tennis Club after school – bookings via Premier Education
Wednesday 28 th January 2026	Reception P.E day – children to attend school in their P.E kit Football Club after school – bookings (now available up to February half term) made via Arbor. <i>Children to be dismissed from the hall.</i> Parent Focus Group Meeting 1900
Thursday 29 th January 2026	Year 2 P.E day – children to attend school in their P.E kit
Friday 30 th January 2026	Reception and Year 1 P.E day – children to attend school in their P.E kit

Spellings for week commencing 26.01.26

Year 1	the, they
Year 2	every, everybody, everyone

Headlines

- **Please note a change of date for the Seahorses Time to Shine Assembly. Due to a clash with hall bookings we have had to push this assembly back a week. Sincere apologies for this.**
- Dorset's Mental Health Support Teams (MHST) work with educational settings to support students, their families, and staff. On Friday 6th February they will be visiting Old Town Infants to introduce the newest members of the team – *The Wellbeing Bears!* 🐻
They will be delivering an assembly about BACES, which are simple steps we can all take to support positive mental health: Body, Achieve, Connect, Enjoy, and Step Back.
By regularly engaging in activities from each of these categories, we can create better balance in life and support our wellbeing.
Parents and Carers – we would love to see as many of you as possible to join this assembly at 2:45pm.
Please visit the Dorset MHST website and social media pages below and if you think support from MHST might be helpful for your child, please speak to school for more information on how to refer

into their team.

- [Mental Health Support Team \(MHST\) in Schools – CAMHS Dorset](#)
- [Dorset MHST \(@dorsetmhst\) • Instagram photos and videos](#)
- [Dorset MHST | Facebook](#)

Key dates *Please check as new dates/events added*

- On Wednesday 4th February, the School Nursing Team is running a workshop from 0900-1000 in the school hall to support children who may be having issues with toileting. Please feel free to attend.
- Angelfish class Time to Shine Assembly Thursday 5th February 2026 at 1445 – all Angelfish parents/carers welcome
- Jellyfish class Time to Shine Assembly Monday 9th February 2026 at 1445 – all Jellyfish parents/carers welcome.
- Stingrays class Time to Shine Assembly Tuesday 10th February 2026 at 1445 – all Stingray parents/carers welcome.
- Sea Turtle class Time to Shine Assembly Wednesday 11th February 2026 at 1445 – all Sea Turtle parents/carers welcome.
- Octopus class Time to Shine Assembly Thursday 12th February 2026 at 1445 – all Octopus parents/carers welcome.
- Seahorses class Time to Shine Assembly Friday 13th February 2026 at 1445 – all Seahorses parents/carers welcome.
- Year 1 trip to Poole Library (as part of World Book Day week) Monday 2nd March 2026
- Reception trip to Poole Library (as part of World Book Day week) Wednesday 4th March 2026
- Year 2 trip to Poole Library (as part of World Book Day week) Friday 6th March 2026
- Health Week: Week commencing 14th April 2026
- Sports Day: Friday 17th April 2026: Nursery and Reception (am), Year 1 and 2 (pm)
- Old Town Community Picnic: Friday 1st May 2026, 1200-1400
- Year 2 Leavers Assembly: Tuesday 21st July 2026.



WELLBEING BEARS

Looking after your mental health

Buddy and Hope have created a rhyme to remind you of BACES, which are the simple steps you can do each day to look after your mental health.

BACES

B is for body - eat, sleep, and move each day.

A is for achieve - pick a goal, like putting your toys away.

C is for connect - talk to a friend, laugh, chat, or play.

E is for enjoy - do something fun in your own special way.

S is for STOP - take one brave breathe to brighten your day.



How many BACES did you do today?

You could ask your teachers, family, or friends how many they did too!

Missed a BACE today? That's ok. Pick one to try now, or try again another day!



Watch the bear video's
<https://bit.ly/3LmJvOY>

Mental Health Support Team in Schools

Companies House Number:
09628750